

# CUSTOMIZED ACTIVE TRIPS



We create **active journeys** for small groups, friends, and clubs who wish to travel slowly and consciously, guided by movement, curiosity, and balance. Each journey is shaped around the people who walk it—their rhythm, their energy, their desire to explore landscapes through the body and the senses.

From the coastal paths and stone villages of Liguria and the Cinque Terre to the wild, open landscapes of Sardinia and the volcanic terrain of Sicily; from the quiet elegance of the Italian lake region to the

timeless streets and waterways of Venice and its lagoon; from the rugged beauty of Corsica to the clear horizons of Switzerland's alpine lakes and lake cities—each destination invites exploration on foot, in water, and in harmony with its natural rhythms.

These are not simply trips, but shared passages: days shaped by walking and discovery, swims in clear waters, meals rooted in place and season, and evenings filled with the calm satisfaction of living well, together.