

# ITALIAN LAKES - LA DOLCE VITA, SLOWLY LIVED

## Lake Orta, Lake Como & Lake Maggiore



This is Italy at its most intimate.

[www.kayakxplore.com](http://www.kayakxplore.com)

From the poetic stillness of Lake Orta to the graceful elegance of Lake Como and the wide, luminous waters of Lake Maggiore, this journey is an invitation to slow down and savor every moment.

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You walk along quiet trails where the lake suddenly appears between trees, glowing with light. You kayak in the early morning, when the water is smooth as silk and villages seem

to float between sky and mountains. Each paddle stroke is unhurried, each step grounded in beauty.

Afternoons stretch gently – long lunches, local flavors, soft conversations, the warmth of stone villages and lakeside air. There is space for wonder, for rest, for joy without agenda.

This is La Dolce Vita not as an idea, but as a feeling – lived through your body, your breath, and your senses.

A journey to slow the heart, soften the soul, and fall in love with life again.

- Arrival in Milan and transfer to the lakes region
- Kayaking on the quiet, poetic waters of Lake Orta, including a paddle around the island of Isola di San Giulio
- Walking along the historic Sentiero degli Scalpellini, an ancient stonecutters' path carved into the rock
- Ascent to Mottarone for a spectacular panoramic view over Lake Maggiore
- Kayaking around the elegant Borromean Islands, surrounded by palaces, gardens, and historic shorelines
- Hiking on Monte Faiè, with wide-open views and a strong sense of space and silence
- Transfer to Lake Como
- Kayaking along the iconic Tremezzina, gliding past villas, gardens, and mountain reflections
- Scenic walk up to Castello di Vezio, enjoying one of the most beautiful viewpoints over Lake Como



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